

Bonsall Woman's Club



Roadrunner

DECEMBER 2022 NEWSLETTER



BONSALL WOMAN'S CLUB GENERAL MEETING **FRIDAY, DECEMBER 2, 2022**

Social Time - 9:30 a.m. to 10:00 a.m.
Meeting Begins at 10:00 a.m.

Bonsall Community Center
Located at 31505 Old River Road
Bonsall, CA

**PROGRAM: HOLIDAY SONGS WITH
WILLIE BUCHANON**

A light snack will be provided for your enjoyment as well as coffee and water.

BRING A FRIEND - WE WELCOME GUESTS AND NEW MEMBERS!



MARY JO PFAFF • President's Message

The November meeting program presented by the North County Fire Department was very informative. Each of us in attendance went home with ideas to implement for a safer fire season.

Our Christmas Fundraiser, Ye Ole Village Christmas, is ready! We just have to await the date, December 7, to arrive. Thanks to Laurie and Judy and their committee.

Generous donations were given at our November meeting. Jeaneane Henson's Military Support received \$500.00 for the Santa Workshop, supporting military families at Camp Pendleton. Donations were given for Angel Benefactor, supporting the Christmas fundraiser. My President's Project received \$151.00 to help the client from the Foundation for Senior Care to pay her bills. A Big Heartfelt Thank You to our wonderful club members.

With Friendship, *Mary Jo*

Rosalia Zamora, Editor



MARY JANE POULTER • 1st Vice President-Dean of Chairmen

All hour sheets are due at the December 2, 2022 meeting. You may also mail or email your hour sheet to me.

Why are these hour sheets important? It shows what our club members have accomplished this past year. Your project hours as well as all monies donated are included in Narrative reports that are sent to the Palomar District. It is a paper trail of our club's actions. They will be judged against other clubs in the district.

I attended an Area D conference along with Mary Jo Pfaff, president, Bev York and Jacky Nutter. There were over 130 attendees, and 28 were from Palomar. It was nicely done, with morning goodies, raffle baskets, decorations and vendors. An excellent program was given by First Responders.

On November 15th, the district held a training on how to write and submit Narrative reports. Mary Jo Pfaff and I attended this training. I will be in touch with all chair persons next week to go over all the information I received on Narrative reports.



Halloween decorations taken to the CFWC Area D Conference by Mary Jo Pfaff and Jacky Nutter



(l-r) Mary Jane Poulter, Jacky Nutter, Mary Jo Pfaff, and Bev York at the CFWC Area D Conference

COLLECTIBLES AND MEMORABILIA—Elaine Davis



December will be a "dark" month for the regular meeting of the Collectibles and Memorabilia group, but a Christmas Party/Potluck is being planned for December 15 at 11:30 a.m.

June Stone will be the hostess of this festive event in her home: 30510 Via Cantamar, Escondido. Interested participants are asked to contact Elaine Davis to confirm their attendance: (760) 726-7472.

Nothing will enhance your holiday spirit more than a party at June's!



EMILY MANLEY



FRANCES PYLE

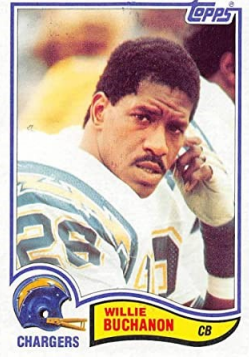
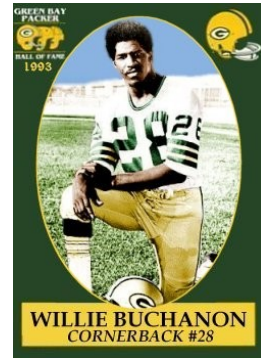
Co-3rd Vice Presidents-Programs

DECEMBER Program "Willie Buchanon"

Get in the holiday spirit with Willie Buchanon!

We are delighted to welcome Willie for our December program. He was a cornerback for the Green Bay Packers and the San Diego Chargers (when they were based in San Diego). He attended San Diego State and lives with his wife in Oceanside, his home town. He has also been a Real Estate Broker for over 25 years.

Willie will be singing holiday songs to get us all in a festive Holiday mood.



CORRESPONDING SECRETARY – Sydne Gilbert

The United States Postal Office offers a free service called Informed Delivery by USPS. Once you sign up, you will receive early morning emails daily with scanned images of incoming mail envelopes and notices of packages that are scheduled to arrive soon. This was especially important to me as I was expecting envelopes per the daily email, and nothing arrived that day nor the next! I was able to contact the parties (mostly creditors) and remedy the situation. Sadly, the envelopes never appeared, but I was informed that they were missing and it was extremely helpful.

I encourage you to go to the USPS website and sign up for this free service:

<https://www.usps.com/manage/informed-delivery.htm>

As Corresponding Secretary, I get to see all the notices, invitations, advertisements, calendar of events of so many of our local businesses, charities and schools that are addressed to BWC and sent to either our P.O. Box or our website Gmail! There are too many to properly share with you at our meetings, so we have decided to provide a monthly calendar of events. Check out "It's Never Boring Here" (page 4) with brief descriptions, and in most cases, a link to a website for more information. In addition, I will always have the "hard copy" notice with me at the meetings so just check with me. If you are aware of an event or activity that may be of interest to BWC members, please let me know - sydne.gilbert@gmail.com Thanks!

IT'S NEVER BORING HERE



We live in such a fun area! As if BWC doesn't keep us busy enough, there are plenty of other activities, classes and more available to all of us! Here are a few coming up; we will try to update and expand as we can. In all instances, check the website of the organization for more information because this list is not all inclusive!

The Fallbrook Art Center

"Art of the Holiday Show" is open from November 12 through December 24. This boutique show offers unique, affordable artful gifts in a wide variety of mediums, perfect for holiday gift giving. And it's restocked every night and as needed! See fallbrookartcenter.org for hours. And don't forget – Café de Artists is adjacent to the Fallbrook Art Center – so make it a fun outing!

San Diego Youth Symphony

If you're looking for a wonderful concert experience, plan to attend the San Diego Youth Symphony performance at the Fallbrook High School Bob Burton Center for the Performing Arts on Nov. 20 at 2 p.m. Free admission! For more information: fallbrookmusicsociety.org

Bonsall Chamber of Commerce - bonsallchamber.org

Saturday, Nov. 26 is the annual Tree Lighting in River Village, 2-5:30 p.m., featuring an awesome kids' group coming to perform, kids' crafts, horse-drawn wagon rides, photos with Santa, photo booth.... and the best part... It's ALL FREE!!! Some great hand-crafted vendors will be there for some early Christmas shopping.

Thursday, Dec. 8 is the Bonsall Chamber of Commerce Mixer, 5:30-7:30 p.m. in the La Sala Room.

Saturday, Feb. 18, 2023, is the Bonsall Chamber Mardi Gras Soiree! It's a ways off, but get it on the calendar now!! This will be a wonderful setting to have some fun and to announce the Business of the Year and the Non-Profit of the Year.

Community Health & Wellness Center – fallbrookhealth.org

Fallbrook Regional Health District's Community Center is located at 1636 E. Mission Road in Fallbrook. They offer numerous activities so be sure to check their website for details on these great opportunities: Mental Health First Aid; COVID & Flu Vaccination Clinic; Overcoming the Holiday Blues workshop; Parenting Workshop; Nutrition; Blood Sugar, Blood Pressure & BMI Screenings; Blood Drive; All Cancer Support Group; Grief Support: Coping with the Holidays; Postpartum Support Group; COVID-19 Weekly Testing; Fallbrook Community Drum Circle; Parkinson's Support Group; Caregiver Wellness Community; Fix It Fridays (Computer & Smart Phone help); Chair Yoga; Floor Yoga; and Michelle's Place Cancer Resource Center.

Fallbrook School of the Arts

Classes, classes and more classes! They all look so interesting and fun! There are too many coming up to list, so check out their website: <https://fallbrookschoolofthearts.org/classes.php>

The Fallbrook Library (pictured here) - <https://fallbrooklibraryfriends.org>

Know of an event or activity coming up (there will be many in December!), please let me know! sydne.gilbert@gmail.com



Have fun out there!





Co-2nd Vice Presidents-Membership

BEV YORK

CINDY GIBSON FLOYD

We always welcome new members! If you have a neighbor or cousin who lives in the Bonsall-Fallbrook area of North County, please introduce her to BWC! It's the perfect group for anyone who wants to make a difference in her community, fill her time with meaningful projects, and make great friends in the process. We highly recommend it!

If your contact information (address, phone, email) changes, please let us know at york.bev@gmail.com as soon as possible. If we don't have your current info, we can't reach you with the Roadrunner or important emails.

We still have some 2022-23 BWC Yearbooks that have not been distributed. If yours is one of them, please see Bev at the December meeting to pick up yours or email me to make other arrangements to get it. Thanks!



December Birthdays

- 6 Cheryl Zales
- 9 Connie Jordan
- 28 Sonja Longley
- 28 Gloria Salazar
- 29 Diane Trappen
- 31 Sally Sebeckis

CRITTER CAUSES—Sydne Gilbert

Our first Critter Causes condolence card was sent to Geri Sides upon the passing of sweet "Annie." If you know of a pet that has crossed the Rainbow Bridge or the caregiver needs healing thoughts, please let our committee know.

sydne.gilbert@gmail.com

Thank you to Rosalia Zamora for the sweet box of treats for the rescue dogs! It will all go to Fallbrook Animal Sanctuary!

Please remember to bring clean towels, sheets, food, and other supplies to the meeting and we'll deliver to the neediest shelters in our area.





MAURA BUTTON • 4th Vice President-Ways and Means

BWC'S 30th Annual Christmas Fundraiser Updates and News!



Bonsall Woman's Club's 30th Annual Christmas Fundraiser Luncheon is quickly approaching!!

Last Minute Notes

Set-Up December 6th, 5-7pm

Set-Up December 7th, 8-10am

Cash/Check Only For Raffle Tickets

Cash, Check, & Credit Cards For Crafts & Silent Auction

Doors Open at 11am

**WE ENCOURAGE YOU TO CARPOOL WITH YOUR FRIENDS & GUESTS!
WE WILL HAVE 2 SHUTTLE DRIVERS FROM "OVERFLOW" LOT AND
CARS PARKED ON FLOWERWOOD LANE.**

**A huge thank you to a hard working "Village" of committee members
to make this fundraiser a fun and memorable day!
Judy Bresnahan & Laurie Criscenti, Co-Chairs**



BWC/BUSD Art Show

“Stages of Inspiration”:

A BWC/BUSD Art Contest and Show

March 7, 2023

(Deadline to submit entries: Feb. 10, 2023)

Crafts

General crafts, sewing, crochet/knitting, pottery, jewelry, trash-to-treasure, needlepoint, sculpture, etc.

Fine Arts

Painting (watercolor, acrylic, oil, pastels); sketches; mixed media

Photography

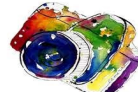
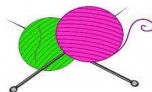
Black and white or color; 8 x 10; mounted on foam board

This year, Bonsall Woman’s Club will be expanding our Art Contest and Show to celebrate The ARTS with Bonsall Unified School District (staff, students and parents!)

Let’s impress our community with our talent and treasures!

In addition to your art entries, we need your help to put on what could be the first Art Show some students have ever seen! Some ways to get involved: Art Show program, entry forms/artist labels, certificates/ribbons/prizes, judging forms, BWC promotional displays.

We will pause during the holidays and reconvene in January, AFTER the Christmas fundraiser!) **Please contact Art Show co-chairs Patty Merriam and Marleen DuBona if you can help! (pattymerriam@gmail.com; mmdubona@gmail.com)**



ART SHOW 2023 NEEDS ARTISTS AND VOLUNTEERS

“Stages of Inspiration,” the 2023 BWC/Bonsall Unified School District Art Contest and Show, will not take place until March 7, 2023 at Sullivan Middle School, but members are encouraged to start creating their entries sooner than later. Members can enter one art piece in all three categories: Crafts, Fine Arts, and Photography. This flyer is posted on the BWC website with more details. In addition to entering art, members are needed to help with the Art Show itself.

Greatest areas of need before March 7: Preparation of display labels, ballots for voting, and prizes for winners; contributing to and making raffle baskets; setting up art entries on March 6.

Greatest area of need during the Art Show: Counting ballots, helping some members with transportation, selling raffle tickets, greeting/directing attendees, and helping at the membership table.

Greatest area of need after the Art Show: Taking down and packing up supplies and Art Show entries.

Please email Art Show chairs Patty Merriam (pattymerriam@gmail.com) or Marleen DuBona (mmdubona@gmail.com) if you can volunteer in any areas of need noted above.

Balloons, Streamers and Applause for....



In the “Congratulations! We’re proud of YOU” category:

- ◆ Linda Eastom’s painted gourd “Woven Walnut Shells on Gourd” placed second in the second annual Fallbrook Chamber of Commerce’s “Hello Autumn! Art Competition.” Her entry “Spooky Autumn” placed first in the 2021 competition! Congratulations Linda!

In the “Time to Celebrate Successful Healthy Outcomes” category:

- ◆ Laurie Criscenti’s husband, Robert, received “NO cancer detected” results from recent lab tests, following the past year dealing with prostate cancer.
- ◆ Elaine Davis is home recovering from emergency intestinal surgery.
- ◆ Geri Sides is home recovering from back surgery.

The road to healthy recovery can be rocky and slow at times, but it’s always a good time to stop and celebrate the progress along the way! If you are celebrating good news (achievements, anniversaries, success stories, etc.), please share with your fellow members in the next newsletter! Email your good news to bwcmessages@gmail.com by the second Thursday of each month.

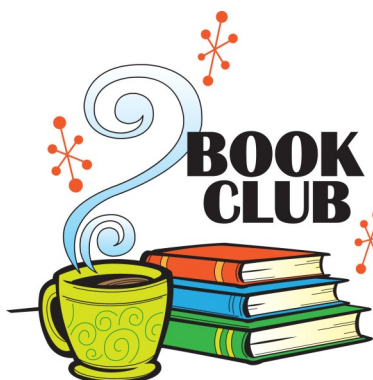


WEB SITE STORY

HE’S CUTE! I understand that some of our members have been hunting for the Bear, but not sure what to look for. So, here’s a picture of the cartoon bear with the flowers that has been floating around our website for the past few months. Now that you know what he looks like, see if you can spot him. Once you’ve discovered his location, enter the contest by noting where you found the icon in an email to bwcmessages@gmail.com. The subject line of the email should read “I found the Bear!” The winner will be selected from the responses received, and a prize will be presented at our December 2nd meeting.



Please contact Marleen DuBona mmdubona@gmail.com (760) 685-2307 with any corrections, questions or suggestions regarding the website.



The BWC Book Club meets currently via Zoom at 10:00 a.m. on the 3rd Monday of every month, except December. *There is no meeting on December 19th.*

We welcome members who enjoy reading and discussing a variety of genres. Cheryl Zales, Chair, can be reached at (760) 525-5078 or zalesrc@sbcglobal.net if you’d like to be added to our list or have questions.

We’d LOVE for more ladies to join our spirited discussions!



CRAFTING IS “FUN” DRAISING FOR THE BWC!—Patty Merriam



(l-r) Barb Chahbazian, Patty Merriam, Marleen DuBona, Sydne Gilbert, and Bev York at the Fall Festival

BWC crafters have been working hard to support BWC goals.

In October, our crafts group participated in the Bonsall Chamber of Commerce's Fall Festival. Hand crafted items included colorful fabric pumpkins, tried-and-true kitchen favorites (towels, microwave bowl holders and scrubbies), creative wine bottle lights, cute catnip toys, autumn-themed wreaths and fancy earrings.

Linda Eastom donated beautiful gnome-decorated gourds (sold at the October meeting) and Suzanne Gill donated expertly-sewn Halloween costumes. Together, all of these items brought in over \$400!

In addition to the crafts booth, BWC also hosted our first kids' craft activity table at the Fall Festival. With the helpful instruction of Nancy Curtis, Debbie Harris, Cherimarie Poulos, Barb Chahbazian and Maura Button, children created bats, witches, spiders, ninja stars, butterflies, and many other unique creations! Meanwhile, Mary Jo Pfaff, Bev York, Marleen DuBona, Suzanne Gill, Sydne Gilbert, and Elaine Davis promoted BWC while selling our beautiful crafts. Positive Promotion + Profits = Big WIN for BWC!

Of course, it's never too late to join the fun. If you don't have confidence in your crafting ability, be confident in your spending ability! Our crafts don't help anyone sitting in storage, but your craft purchases contribute to BWC goals and value the efforts that go into making these hand-crafted items. Please shop the crafts table at the Christmas luncheon!

RECIPES WANTED!

If you have a favorite recipe for bread, rolls, pastries, cookies, or anything similar, please consider donating them to be used for a new crafts project! We're not creating a cookbook, but we will be packaging the recipes to sell as part of a crafts item.

Member Louise Lane generously donated dough whisks to the crafts group, which we plan to sell at future fundraisers. *If you've never used a dough whisk before, you won't know how you've lived without it once you've tried one!*

Email your recipe to Patty Merriam: pattymerriam@gmail.com.

Photo Gallery

November 4, 2022



A tasty array of food was made by Barbara Chahbazian and enjoyed by all



A thank you to Nikki Birchall for stepping in for Sally Sebeckis as Hospitality Chairman



Jeaneane Henson, Military Support Chair. Santa's Workshop received members' donations to purchase Christmas gifts for Camp Pendleton's military families



Holiday Fundraiser Committee - (l-r) Laurie Criscenti, Co-chair; Sydne Gilbert; Maura Button; Judy Bresnahan- Co-Chair; Marlene Rantanen; Cindy Floyd Gibson; Patty Merriam; Helen Poddoubnyi; and Mary Jane Poulter



Sydne Gilbert created beautiful table centerpieces for the November meeting



Barbara Chahbazian played her Instrument at the meeting as we all sang a patriotic song



Program
North County Fire Department members
(left) Dave Helman, Engineer-Chaplain;
Richard Quevedo, Firefighter; Tony Fieri, Captain



BWC Craft Group items.
(left) Chair Patty Merriam
with Nikki Birchall



Linda McDonald (left) with new member
Gayle Merrit



Arlene Rutherford
Donation Diva Winner of
\$50 Visa Gift Card



Linda Eastom, one of the winners of
the "Hello Autumn!" Art
Award Competition in the
3-Dimensional Category



Sydne Gilbert, winner of the "I found the
Bear" website contest, was presented
with a lovely pair of earrings made by
Marlene Rantanen



See's
Famous Old Time
CANDIES

See's Candies Yum-Raising
NOW through December 2, 2022

The Palomar District Federation, CFWC is holding a
See's Candies "Virtual" Fundraising event.

You will be able to order your favorite See's Candies
without ever leaving your house.

Please feel free to forward this Fundraising information to your friends and family.
The more orders we get means that we can have more funds for the District!

Below is a link to our "Fundraiser Storefront." Click on the link below or copy and
paste into your browser and START SHOPPING! When you are ready to order,
just select the items you wish, add to your Bag and, when you check out, you will
be asked for your credit card number. See's accepts VISA, MasterCard,
American Express, Discover and PayPal. No tax will be added.

Shipping charges for YUM-RAISING Customers

Under \$40 = \$7.95 • \$40 - \$69.99 = \$5.95 • Over \$70 is Free

Exciting news! You may also order **See's \$25 Gift Cards** on the same link, and
they will be shipped to you for **Free.**

Orders will be shipped starting November 10th!

Please allow 7 business days for orders to arrive.

[https://www.yumraising.com/secure/palomardfc_cfwc_palomar_district49/
PamHer4006/candy](https://www.yumraising.com/secure/palomardfc_cfwc_palomar_district49/PamHer4006/candy)

If you have any questions, please contact Pam Hermansader at
av8rpam@gmail.com or call her at (760) 451-9234.

Thank you for supporting your District!

3

Click on this link to order your See's Candies!

[https://www.yumraising.com/secure/
palomardfc_cfwc_palomar_district49/PamHer4006/candy](https://www.yumraising.com/secure/palomardfc_cfwc_palomar_district49/PamHer4006/candy)

Courtesy

Announcements



Holiday
Poinsettia

FUNDRAISER

Order a fresh poinsettia for the holidays
& 100% of the profit goes back to the
BES Garden, SMS PTO and BHS PING

Order November 7th - November 22nd

2 Colors Available: Red & Red Glitter

\$6.00 - Small (4" Poinsettia) • \$10.00 - Large (6" Poinsettia)

Order at www.bonsallschools.org or use QR Code



Pick up Orders

Tuesday, December 6 from 1:30-5:30 p.m.
Wednesday, December 7 from 7:30-9:30 a.m.

at **Bonsall Schoolhouse on BES Campus**

Text Jen at 760.521.6011 for questions



BONSALL WOMAN'S CLUB
MINUTES OF THE NOVEMBER 10, 2022
GENERAL MEETING
AT THE BONSALL COMMUNITY CENTER

President Mary Jo Pfaff called the meeting to order at 10:00AM.

Barbara Chahbazian led members in the Pledge of Allegiance and singing of the National Anthem.

Jackie Nutter led members in reciting the *Collect*.

Cindy Gibson Floyd read Elaine Davis's inspirational message highlighting BWC events and the loving friendships strengthened through this work.

Hospitality, Nicki Birchall, verified that a quorum of members were present.

President Mary Jo welcomed everyone.

Sunshine Chair Geri Sides was abstent and will receive a get well card. One guest was introduced.

Secretary Marlene Rantanen reported there was a correction to the October minutes. Jacky Nutter is one of the delegates to District. Motion to accept minutes as corrected made by Marua Button, seconded by Cindy Gibson Floyd. Motion passed.

President Mary Jo reported on assistance for a senior in need through Care Advocate which is her President's Project. She urged donations to assist the senior in need selected for November.

She also reported that we will purchase 80 stickers with help information for domestic violence at \$1 each. These will be placed on the backs of restroom doors at the appropriate places.

As a thank you to the North County Fire Department for their program today, we purchased \$100 worth of snacks for their truck and station. Mary Jo also thanked Linda Eastom for the great October centerpieces of painted gourds and Linda reported on the Student of the Month program she attends. BWC gives a \$10 gift card to each of the 4 students who are honored every month during the school year.

REPORTS:

Treasurer Helen Poddoubnyi Treasurer reported the balance in all accounts on October 31, 2022 was \$42,980.57. Remember to use the new Reimbursement Voucher. Copies can be obtained from the BWC Website.

1st Vice President Dean of Chair Mary Jane Poulter reminded members:

Hour Sheets due at the December 2, 2022 meeting. Estimate December hours and be sure to claim all the hours you have spent. It is important for our reporting to District.

Chairmen reports due at the December 2, 2022 meeting. A sample report was on the tables and will be sent to the chairs.

2nd Vice President Membership Cindy Gibson Floyd encouraged everyone to invite potential members.

3rd Vice President Emily Manley said the program for the December meeting will be singer/performer, Willie Buchanon who will provide Christmas music. He is a former Green Bay Packer Hall of Fame player. Today's program is the North County Fire Department.

Corresponding Secretary Sydne Gilbert read a lovely thank you from Joan Kaford for her acknowledgement at the last meeting. She also read a nice note from a student of the month thanking us for our continued work and support.

4th Vice President Ways & Means Maura Button said planning for the Christmas fundraiser, December 7, is going well with Laurie Criscenti and Judy Bresnahan doing a great job. Set up for the table setters is from 5-7 pm the day before, or early on the day of the event. Craft sales and Silent Auction at the event can be charged but raffle tickets must be cash or check only. Tickets will be 25 for \$20 and 7 for \$10. Remember the parking at the event is a problem, so carpool if possible. There will be two shuttle drivers to bring guests down. Doors open at 11 am.

Maura asked if there was interest in a spring fundraiser for members and spouses/guests at Monserate Winery. A chair is needed if we want to do this.

There was interest in having an in-house fundraiser for members to learn and make a floral arrangement/centerpiece. Nancy Curtis would demonstrate and teach the lesson. Cindy Gibson Floyd said she would chair.

CHAIR REPORTS:

Crafts Chair-Patty Merriam mentioned the stuffed pumpkin table centerpieces, made by the crafters, are \$10 each. The crafts group is making gnome ornaments and other items to sell at the Christmas event. Everyone is welcome to come and help. She is coordinating the BWC Art Show with the Bonsall School, to be held at Sullivan Middle School on Tuesday, March 7. There are sign-up sheets to help with the event and information sheets on member art submissions.

Communications, Patty Merriam thanked Rosalia Zamora for the well done newsletter. **Safety Debbie Harris** reported on “silent snatching” by organized pairs or groups in the holiday season. Keep your handbag close to your body at all times. It is a good idea to copy all your identification and charge cards and keep them in a safe place in your home. Also it is important to use your hand to cover your entry of passcodes at the ATM or grocery store, etc. to avoid “skimming” of your passcode. She has more red folders with emergency information if someone wants them.

Military Support Jeaneane Henson said we have completed Operation Thin Mints and Happy Baby project through the WMCA on Camp Pendleton and now it is time for Secret Santa for families on the base. Donations will be taken today for this project. They have changed the program on the base so the shopping is done online. If anyone wants to help with this project, let her know. She is also able to help military through the Daniel Ferguson Foundation which provides workouts and competitions of different types for veterans. This is immensely helpful with their outlook.

Book Club Mary Jo for Cheryl Zales reported they are reading “The Things We Cannot Say. Check the BWC website for information.

Health Chair-Maura Button mentioned dermatologists suggest using vitamin A for smooth skin. It takes consistent use to help. A recent study found taking 2,000 IU of vitamin D3 every day for two years lowered the risk of developing autoimmune diseases by more than 20%.

Website Chair-Marleen DuBona reported there have been more visitors recently to the website. Remember all newsletters, calendars rosters, etc. are there. The “Find the Bear” on a web page contest winner was Sydne Gilbert who won a gift donated by Marlene Rantanen.

BREAK

PROGRAM: Emily Manley introduced three North County Fire Department members. They cover Fallbrook, Rainbow and Bonsall. First, they stressed making a plan for evacuation in case of fire or other emergency. They answer about 6,500 calls per year and 80% are for medical emergencies. You can ‘follow’ them on social media where they post important information when needed.

An item to note: If bitten by a snake, sit down, relax and call 911, It is important to slow blood flow by not being excited or moving around.

Check your fire extinguishers at home. Turn upside down and shake. If it “clunks” it is time for a new one. Dispose of properly. Fire blankets work well to extinguish fire in the home.

Call 911 in any emergency. They know where to send you for help.

DONATION DIVA: \$50.00 was won by Arlene Rutherford.

NEW BUSINESS/ANNOUNCEMENT: The Fallbrook Art Center “Art of the Holiday Show” will run from November 12 through December 24.

Meeting Adjourned: 12:00

Marlene Rantanen

Recording Secretary

(name and title inserted by the newsletter editor)

Note: The Minutes are printed as submitted. Corrections should be sent to the Recording Secretary.

*Thank you for reading ROADRUNNER
BONSALL WOMAN'S CLUB NEWSLETTER
P.O. BOX 545
BONSALL, CA 92003
<https://www.bonsallwomensclub.org/>
E-Mail: bonsallwomensclub@gmail.com*

