

Bonsall Woman's Club



Roadrunner



JUNE 2022 NEWSLETTER

BONSALL WOMAN'S CLUB GENERAL MEETING Thursday, June 16, 2022

Social Time - 9:30 a.m. to 10:00 a.m.
Meeting Begins at 10:00 a.m.

Bonsall Community Center
located at 31505 Old River Road
Bonsall, CA

A light snack will be provided for your enjoyment as well as coffee and water.

PLEASE NOTE CHANGE: We will be meeting on JUNE 16th (the 3rd Thursday of June) as the Community Center is being used for a voting location for the Statewide Direct Primary Election on our regular meeting day.

BRING A FRIEND - WE WELCOME NEW MEMBERS!



*(l-r) Jacky Nutter and Judy Bresnahan,
Hospitality Chairman*



*(l-r) Bev York (Membership VP), and new
members Nicky Birchall, Salley Sebeckis, Torrie Forbess,
and Suzanne Gill (not pictured)*



MARY JANE POULTER ♦ President's Message

The advanced planning of our general meeting room is made by Judy Bresnahan, hospitality chair, Laurie Criscenti and Jacky Nutter. They arrive early the day of the meeting to make coffee and set up the food table. Judy Bresnahan and her committee arranges the tables the night before or sometimes the day of. I wish to thank them for their dedication and support of our club.

What a beautiful "Elegant Tea" fundraiser. Our members wore such lovely outfits and everyone looked so happy. Thank you to our co-chairmen Nancy Curtis and Juliann Giurleo as well as the Elegant Tea committee and all the members who participated. It was nicely done!

As my term as president of the Bonsall Woman's Club comes to an end, I want to thank each and every one of you for giving me your support. I will always have good memories and pride in our club.

With love and friendship,
—Mary Jane



*(l-r) Guest Debbie Harris with friend,
Torrie Forbess, Mary Forbess*



*Joan Kaford (seated) with friends
Maura Button, Donna Shanahan, Kay Ewin*



SYDNE GILBERT • 1st Vice President-Dean of Chairmen

Narratives

Thank you again to all Chairmen that provided information for our narratives! We participated in every category, though some clubs don't participate at all. This was our chance to brag about our club's accomplishments, to share our projects with other clubs and to maybe even recruit members. District, California Federation of Women's Clubs and General Federation WC award winners are chosen from the submitted narratives.

We received an award for each category that we submitted and many members participated! So, congratulations! Remember to document all the projects you lead and turn them in to your new Dean, Mary Jane Poulter!



Hour Sheets

I never realized how important hour sheets are until I had to work on our narratives and statistical reports for our Palomar District! Every hour counts towards our existence as a club in the General Federation of Women's Clubs! Coming to a meeting count as 2 hours, participating in projects counts, attending section meetings, working at home on a mailing, craft or writing newsletter articles counts! Based upon the hour sheets I received in December for 2021, we reported 865 volunteer hours. I'm sure this number is way low. Let's work together to report what we really spend in volunteer hours in 2022 by turning in hours sheets to your new Dean, Mary Jane Poulter. Hour sheets can be found in your Yearbook, on the website, and by asking Mary Jane.

CRITTER CAUSES

Thank you to Marleen DuBona and Jacky Nutter who donated towels and cat food for our local rescue shelters. Please remember to bring items for critters to the next meeting and we will distribute to shelters with the most urgent needs! If you know of a local shelter or organization that has an emergent need, please let us know so that we can help them in any way that we can.

Dog Food Recall Alerts

We all try to feed our best friends the best food we can. Unfortunately, even the best manufacturers can experience a "glitch." I urge you to sign up for Dog Food Recall Alerts via the Dog Food Advisor: <https://www.dogfoodadvisor.com>

It's a great tool to keep you informed, and their website has a wealth of information pertaining to dog food, treats, etc.





BEV YORK ♦ 2nd Vice President-Membership

MEMBERSHIP MEMO

I'd love to give a big vase of yellow roses and a warm hug to each of you who have renewed your BWC membership for 2022, but this *Thank You* in the pages of the June Roadrunner will have to substitute for now.

You are the solid foundation that makes this club strong and makes it possible for us to accomplish so much and help so many people in North County throughout the year. We could not hold our fundraisers, we couldn't make our Charitable Donations or support the children at Vivian Banks Charter School with school supplies, clothing and eyeglasses if it weren't for your membership, participation in our events and active support. Serving as BWC Membership Chair has been a very rewarding experience and the coming year, serving as Co-Chair with Cindy Gibson-Floyd, will be even better!



And a gentle reminder: If you haven't renewed your membership yet, it will expire May 31, along with your subscription to the Roadrunner newsletter.

I recently came across a bookmark that reminded me of you:

YOU ARE SOMEONE'S HERO! You probably don't think of yourself as one; heroes usually don't. But you are someone's champion and someone's cheerleader, someone's coach, and someone's comfort, someone's angel and someone's anchor. That's what heroes do.
You make a difference just by being you!

Have a great summer, and I look forward to seeing you in September!



JUNE BIRTHDAYS

- 1 Pat Harvey
- 3 Mary Jo Pfaff
- 3 Torrie Forbess
- 10 Donna Ivicovic
- 12 Gail Golden
- 13 Barbara Hartloff
- 16 June Bernesser
- 16 Beverly Thompson
- 18 Cheri Marie Poulos
- 26 Ellen Wirtz

JULY BIRTHDAYS

- 2 Carol VandenBosch
- 6 Barbara Zink
- 7 Phyllis Sweeney
- 14 Cindy Gibson-Floyd
- 15 Nancy Curtis
- 15 Juliann Giurleo
- 16 BJ Nierman
- 17 Ruth Gregory
- 20 Julia Van Loon
- 23 Judy Bresnahan
- 27 Reba Daubert
- 28 Linda McDonald

AUGUST BIRTHDAYS

- 1 Joy Williams
- 8 Barbara Chahbazian
- 8 Bev York
- 9 Jacky Nutter
- 13 Suzanne Gill
- 16 Marjorie Humphrey
- 29 Linda Eastom



Co-3rd Vice Presidents-Programs

CHERI MARIE POULOS

LAURIE CRISCENTI

JUNE PROGRAM



The installation of our new 2022-2023 President Mary Jo Pfaff and Officers!

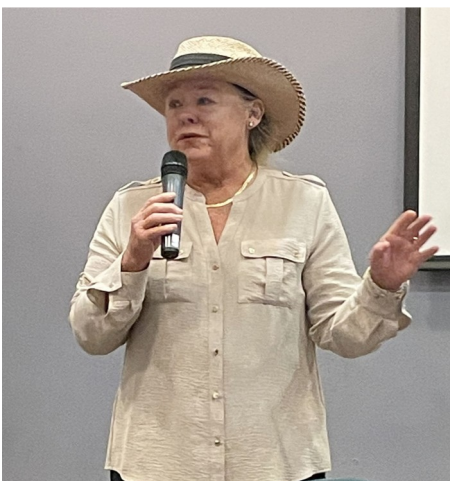
We will also recognize our 2021-2022 Board of Directors for their hard work and invaluable service to our great club!

PROGRAM – MAY’S GENERAL MEETING

“REINS Therapeutic Horse Program” was presented to the Bonsall Woman’s Club by Executive Director, Debbie Shinner. It was thoroughly enjoyed by all and we learned so much about the program and how it benefits our community. REINS is a local program that works with children and young adults with disabilities.

At REINS, children and adults with disabilities learn how to ride horses. Therapeutic horseback riding benefits almost any disabling condition. The rhythmic motion and warmth of the horse stimulates and exercises the rider’s muscles increasing their mobility. The rider experiences weight shift and trunk mobility as if he were walking on his own. As the horse and rider progress through their different gaits, the rider experiences a wide range of sensory input, which makes them become more aware of their own body. This therapy also helps to encourage speech by identifying new objects.

REINS is inviting our members to come see the program first hand. Lessons are held Monday thru Friday from 9:00 a.m. to 5:00 p.m. and Saturday from 9:00 a.m. to 4:00 p.m. with a break from 12:00 p.m. to 1:00 p.m. each day.



Debbie Shinner



REINS video shown at the meeting



(l-r) Mary Jo Pfaff, Charitable Donations Committee Chair, Debbie Shinner, and President Mary Jane Poulter



EMILY MANLEY • 4th Vice President-Ways & Means

ELEGANT TEA FUNDRAISER—By Co-Chairmen, Nancy Curtis and Juliann Giurleo

Being part of the Bonsall Woman's Club and working together on this Elegant Tea fundraiser was a most rewarding experience. We are happy to announce that the total amount raised was \$6,642.60.

First of all, becoming good friends, working together as co-chairmen was so much fun. We melded into a great team. The members of the Bonsall Woman's Club are a wonderful group of women. Their talents, commitment, cooperation and hard work made co-chairing this event so much easier than ever expected.

There are so many people to thank for stepping up to the plate and taking on some arduous tasks. We are grateful to everyone for making this a successful fundraising event.



Nancy Curtis & Juliann Giurleo



Geri Sides Table



(l-r) Jerrilyn Malievsky, Elaine Davis, Helen Poddoubnyi



Juliann Giurleo



Instruction to members: "Please click link below to see photo gallery of the Elegant Tea Fundraiser. Clicking on an individual picture will open it completely. "

<https://drive.google.com/drive/folders/1-Rzy-Z21zC3kJotmLsYLAoUEMogCkYpa?usp=sharing>



Sydne Gilbert & Carol Vandebosch



KEEP CALM AND CRAFT ON!

As the BWC slows down during the coming summer months, and you find yourself spending a little too much time in the hot summer sun, consider adding some indoor crafting fun to your day. Take a break from the beach and the swimming pool, and pick up a paint brush, crochet hook or glue gun!

One of our new members, Louise Lane, has made a wonderful donation of new supplies to create cookies-in-a-jar gifts with dough whisks, and canvas tote bags that we can customize with a BWC logo. What creative ideas to included in our crafting fun that does not require sewing, crocheting or painting skills! Keep those creative thoughts (and supplies) coming—We always need new ideas to create new crafts!



The crafts group does not have any specific meeting dates scheduled at this time, but we'll notify the membership when our next meetings are scheduled. They will also be posted on our website: www.bonsallwomansclub.org.

If you would like to receive notices and reminders personally, please contact Patty Merriam (760-774-1581 or pattymerriam@gmail.com).

COLLECTIBLES AND MEMORABILIA



Celebrating a year filled with camaraderie and friendship, the Collectibles and Memorabilia members will gather for a SALADS TO SHARE LUNCH on Tuesday, June 7, 2022 at the home of:

June Stone
30510 Via Cantamar
Escondido
760-751-8635

The time to gather is 11:30 a.m. Following lunch, June will share the history of The Villa (her home). Please let Elaine Davis know if you will be attending and, if possible, the type of salad that you will be contributing to the groaning board. 760-726-7472

Looking for the most recent *Roadrunner* or an older one?
You can find them on our club website,

bonsallwomansclub.org



From the Home page:

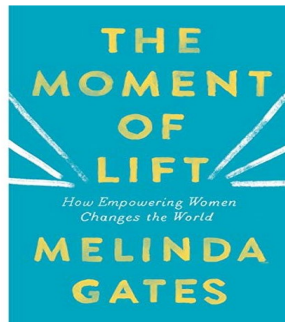
1. Click on the Members tab.
2. Then, click Newsletters and key in the password. A list of the most recent newsletters will appear.
3. Click on the date you wish to view and the newsletter will appear in a Portable Document Format (pdf). At the top middle of the screen, note the negative sign, the positive sign and the percentage.
4. Click on the plus sign and the font size will increase, a zoom function. The percentage changes as the size is increased or decreased. To move up or down through the newsletter, use the scroll bar on the right.
5. To print or download the document, use the icons in the upper right-hand corner.

Please contact Marleen DuBona, e-mail mmdubona@gmail.com or call (760) 685-2307 with any corrections, questions or suggestions regarding the website.

Book Club

The BWC Book Club meets currently via Zoom at 10:00 a.m. on the 3rd Monday of every month except December. Here is June's Book Club information:

<u>Date</u>	<u>Title</u>	<u>Author</u>	<u>Host</u>
6/20/22	The Moment of Lift (How Empowering Women Changes the World)	Melinda Gates	Connie Jordan



We welcome all members who enjoy reading and discussing a variety of genres. Chairman Cheryl Zales can be reached at 760-525-5078 or zalesrc@sbcglobal.net to RSVP and if you'd like to be added to our list. We would LOVE for more ladies to join our spirited discussions!

Thank you!
Cheryl Zales

SUNSHINE

Get-well cards were sent to: Laurie Criscenti, Joan Kaford, Nancy Curtis, Pat Harvey and Gail Golden.

Please keep me posted of anyone who may need a little get-well wish or good cheer! Geri Sides - sidesforsales@gmail.com



DONATION DIVA RAFFLE

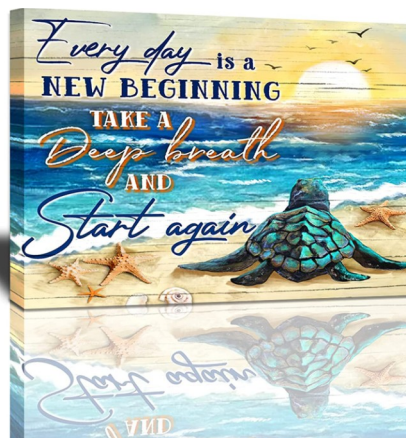


Each month a lucky member wins a \$50.00 Visa gift card. This raffle is a fundraiser and is very popular. Laurie Criscenti, the happy winner, is pictured with Geri Sides, Donation Diva Raffle chairman.

CENTERPIECES



Nancy Curtis, Centerpiece chairman, put together a beautiful centerpiece for each table at the May meeting. The "Cinco de Mayo" theme was so appropriate (May 5th). The member at each table with more years as a BWC club member got to take home the centerpiece.





Great News!

*Our Christmas Fundraiser has been approved for
December 7, 2022, at Golf Club of California.*

*As we know, it takes a "Club" to pull off these
fun and memorable events...are YOU ready?*

Will YOU help with any of the following :

*Tree Sponsors & Decorators
Table Setters & Centerpieces
Raffle Baskets
Silent Auction
Raffle Ticket Sales
Hostesses & Greeters
Wreath Sponsors & Designers
Community Sponsorships
And Crafts!*

*There will be early sign-up sheets at the June
general meeting. Our first planning committee
meeting will be this summer (Date TBD). For more
information, please contact your Co-Chairs :*

*Judy Bresnahan
760-815-1943*

*Laurie Criscenti
760-213-3273*

BONSALL WOMAN'S CLUB GENERAL MEETING MINUTES
Meeting was held at Bonsall Community Center on May 5, 2022

The meeting was CALLED TO ORDER at 10:07 A.M. by President Mary Jane Poulter.

The Pledge of Allegiance and singing the Star-Spangled Banner was led by Barbara Chahbazian.

Elaine Davis wrote a May inspirational message that included a quote by Lillian Berliner.

Attendance Report- Judy Bresnahan, Hospitality, reported that we have a quorum.

President's Welcome – Mary Jane Poulter welcomed and introduced guest, Debby Harris, friend of Torrie and Mary Forbess. Mary Jane also told us that a student at the Vivian Banks Charter School lost her home in a fire. The money that is part of the Charitable Donation for the Vivian Banks Charter School, \$500.00 along with monies collected each month for the Presidents Project, \$327.24 were given to the family for clothing and other essential items.

Minutes – General membership minutes from the April 7, 2022, meeting were submitted by Marlene Rantanen, Recording Secretary, as the official record of the meeting. The minutes were distributed through the newsletter prior to the meeting and there were no corrections noted.

Dean – Sydne Gilbert, 1st V.P., Dean of Chairs, reported on the District Convention held on April 26, 2022. She was pleased to report that BWC received certificates in every category for the narratives that were submitted by our members.

Membership – Bev York, 2nd V.P., Membership, introduced and welcomed: Nicky Birchall, Sally Sebeckis, Torrie Forbess and Susan Gill as new members. Gifts, name tags and the BWC yearbook were given to each new member.

Palomar District report from Bev York, 2nd V.P., membership. At the District Convention in the Art Show, "Strutt Your Stuff," BWC submitted over half the items on display and these projects were well received.

Treasurer's Report – Treasurer Helen Poddoubnyi reported that she has revised the books making a ledger system in the Quick Books program that will flow more easily for the clubs bookkeeping. She reconciled the checking at \$30,349.63 savings at \$10,208.64 H&H Lee Savings at \$15,672.11, Income was \$94.70, and Expenses were \$447.40. Notable Income: Angel Benefactor \$1,475.00, Elegant Tea \$8,905.00 and Membership Dues \$843.00.

Ways and Means – Emily Manley, 4th V.P., Ways and Means reported that the fundraiser "An Elegant Tea" is full at 160 seats. The event will be held at the Vista Valley Country Club on May 11, 2022. Miriam Key will emcee the fashion show with clothing from Mimi's Boutique and the inventory from 100 Main Street. Members of our club will be modeling the outfits. The baskets for the Raffle and the teacups that our members will be using at their tables can be taken to the V.V.C.C. on Tuesday, May 10th after 3:00 P.M. reported by Cheri Marie Poulos.

Proposed Budget for a Christmas Fundraiser was presented. Motion was made by Maura Button and 2nd by Cindy Gibson Floyd to accept the budget. All were in favor. Laurie Criscenti and Judy Bresnahan will co-chair the Christmas Fundraiser. A motion was made by Maura Buttons and 2nd by Cindy Gibson Floyd to proceed with the Christmas fundraiser as presented. All were in favor.

Proposed Budget for a Community Service outreach/Art Show (with students) was presented by Elaine David and 2nd by

Marleen DuBona to accept the budget. All were in favor. Patty Merriam will Chair the above started Art Show. A motion was made by Elaine Davis and 2nd by Barbara Chahbazian to proceed with the Art Show. All were in favor.

(continued on page 12)

Correspondence – Mary Jo Pfaff, Corresponding Secretary, reviewed the correspondence received.

Program: Laurie Criscenti introduced Deborah Shinner, Executive Director of REINS, a therapeutic horsemanship program, “Changing Lives One Ride at a Time,” for disabled children and adults located in Fallbrook. Deborah’s program was very informative with heartfelt stories shown in 3 video presentations. After the program, Deborah was presented with a check for \$300.00 as part of the Charitable Donations by President Mary Jane Poulter and Mary Jo Pfaff, Chair of the BWC Charitable Donations Committee.

BREAK –

Bylaws Committee- Patty Merriam, Eileen Davis, Bev York, Marleen DuBona and Parliamentarian ProTem Rosalie Zamora for Marlene Rantanen club Parliamentarian (absent) set forth the Proposed Amendments to the Constitution and Bylaws. Patty Merriam presented the changes and then she opened the floor for discussion. There was discussion by several members present at today’s meeting. Patti explained the new wording. She then asked for a vote stating that a 2/3 approval would be needed to pass. The vote was 19 adopted to 17 opposed. It became apparent that a new look by the committee was needed so the vote was tabled until next month at the June 2, 2022, BWC meeting. This will give the committee time to consider the objections and write or retain as written the new Bylaws and Proposed Amendment to the Constitution.

CHAIRMEN REPORTS:

Crafts - Patty Merriam. The next crafting meeting will be on 05/09/2022 at the home of Barbara Chahbazian at 10:00 to noon to complete the Sunflower and Sunshine raffle basket for the Elegant Tea Fundraiser. Patty also discussed the Art Show with students that was voted on and passed earlier in this meeting. The date for this event is TBD.

Book Club – Cheryl Zales. Zoom book club on 3rd Monday, 05/16/2022. Title: Go Set a Watchman by Harper Lee. Host will be Robin Kemper. Cheryl gave an exciting summary of this second book written by Harper Lee who stated that she would never again write about ‘Scout,’ after her novel To Kill a Mockingbird...but she did.

Health – Maura Buttons. The floor was given to Elaine Davis who shared her husband’s snake bite incident. Her story gave very good information about the signs and symptom that a snake bite can present. Maura then spoke about the symptoms of LONG COVID that can vary from person to person. Maura encouraged us to keep wearing a mask until the outbreaks subside. She also spoke on STRESS: women who share their problems with a ‘friend’ can cause the brain to release oxytocin which might help you feel better.

Collectibles and Memorabilia – Elaine Davis: This group will be dark the month of May.

DONATION DIVA - \$50.00 Card won by Laurie Criscenti and 2 REINS mugs were given by our program presenter. Barbara Chahbazian and Louise Lane were our winners.

NEW BUSINESS: NONE

The “Collect” was read at the end of the meeting.

ADJOURNMENT: The meeting was adjourned at 12:25 P.M,

Minutes by Mary Jo Pfaff – Corresponding Secretary for Marlene Rantanen – Recording Secretary absent.

WEBSITE – WWW.bonsallwomansclub.org

*Note: The Minutes are printed as submitted.
Corrections should be sent to the Recording Secretary.*

**Thank you for reading ROADRUNNER
Bonsall Woman's Club Newsletter
P.O. Box 545
Bonsall, CA 92003
<https://www.bonsallwomansclub.org/>
E-Mail: bonsallwomansclub@gmail.com**