# Bonsall Woman's Club Roadrunner JANUARY 2023 NEWSLETTER



**BONSALL WOMAN'S CLUB GENERAL MEETING** FRIDAY, JANUARY 6, 2023

Social Time - 9:30 a.m. to 10:00 a.m. Meeting Begins at 10:00 a.m.

**Bonsall Community Center** Located at 31505 Old River Road Bonsall, CA

**PROGRAM: Traditional SILENT AUCTION** 

A light snack will be provided for your enjoyment as well as coffee and water.

**BRING A FRIEND - WE WELCOME GUESTS AND NEW MEMBERS!** 



#### **MARY JO PFAFF • President's Message**

We had the best attendance at our December meeting - 41 members donned their festive holiday attire and brought with them the Christmas spirit. Our December program by Willie Buchanon and the Westminster Carolers was fun, fabulous, and their Dickens-era costumes made it a magical show. We all enjoyed their music and had a great time participating in the "12 Days of Christmas" song lyrics. Donations to my President's Project brought in \$175.00. We are able to cover the cost of seven grocery gift cards. Thank you, ladies, for opening your purse to

fund these gifts of giving to our local seniors.

The beautiful Christmas luncheon was spectacular. The table setters made the room feel like the theme "Ye Ole Christmas Village." The trees, wreaths and baskets were brilliant. There were so many great items made by our crafters. Hope you got some Christmas gift shopping done. At this time, we do not have a final tally, but I believe our Christmas fundraiser was a huge success. Thanks to Judy and Laurie and their committee for a perfect afternoon with friends.

With Friendship, Mary Jo

Rosalía Zamora, Editor





**EMILY MANLEY** 

FRANCES PYLE

#### **Co-3rd Vice Presidents-Programs**

#### JANUARY Program "Traditional SILENT AUCTION"



Coming up at the January meeting, we will be having our traditional "Silent Auction." Please bring your items for this meeting, and make sure they are in good condition. Items should be suitable for a gift. Anything left over will either be taken back home or donated.

A great time was had by all at the December meeting with the wonderful and melodious Christmas entertainment by Willie Buchanon and the Westminster Carolers. (pictured below) They performed numerous songs, and the audience participation was a lot of fun!







We welcome our new members and we hope to continue expanding our roster in the new year. If you have friends interested in the club, send them to our website, <u>bonsallwomansclub.org</u>, for more information. The club brochure and application form can be found under "Join us" on the menu. Many of the organizations we support are also highlighted on our website.

The contest is continuing and the bear has found a new place to rest. So, see if you can find him. Once you've discovered his location, enter the contest by noting where you found the icon in an email to bwcmessages@gmail.com. The subject line of the email

should read "I found the Bear!" The winner will be selected from the responses received and a prize will be presented at our January 6th meeting.

Please contact Marleen DuBona <u>mmdubona@gmail.com</u> (760) 685-2307 with any corrections, questions or suggestions regarding the website.





**CINDY GIBSON FLOYD** 

#### **Co-2nd Vice Presidents-Membership**

#### **MEMBERSHIP NOTES**

We are delighted to welcome our newest member, Gayle Marrett, a welcome addition to our club. She manages resale shops, and her major interest is fundraising. She's joined the right club! We'll introduce you to her at our general meeting, when she receives her gift bag of club and Federation information, a small gift from us, and her name badge. Thank you for joining us, Gayle!

Membership renewal time is coming around again, beginning in February. Dues will remain at \$55 per member, as before. It's easy to lose track of your renewal, so Cindy and I recommend that you take care of it in February and know your membership is secure for another year.



#### **JANUARY Birthdays**

- 2 Alice Villeneuve
- 7 Phyllis Zenz
- 8 Patty Merriam
- 8 Mia Smyth
- 26 Elaine Davis
- 31 Mary Forbess

#### PALOMAR DISTRICT



The next focus for President Nancy B Jones' President's Project, "Affiliates for Children," will be on the March of Dimes at the District Board of Directors meeting on January 24 at the Fallbrook Woman's Club clubhouse, 238 W. Mission, Fallbrook. All clubs are encouraged to bring their dimes (and dollars) to the meeting to donate on behalf of their club and Palomar to help new mothers and their babies. We'll make a special collection at our January 6 meeting – our own March of Dimes – and on January 24 you're invited to the Fallbrook Woman's Club house to march with us there. We'll show everyone that BWC believes in this cause!

The March of Dimes originated in January 1938 to fight polio, then thought the cause of President Roosevelt's paralysis. They felt even school children could afford to give a dime apiece at school to find a cure. For that dime they received a lapel pin. By the end of the month \$268,000 was collected – in the worst year of the Depression so far. Our goal isn't \$268,000, it's \$1000 from Palomar's clubs. That's a lot of dimes. And no lapel pin.

After the Salk vaccine was perfected in the mid-1950s, the March of Dimes expanded its focus and is now the March of Dimes Foundation with the slogan "Healthy Moms, Strong Babies." Every 12 hours, a woman dies from pregnancy-related causes, and 1 in 10 babies is born prematurely. The March works in several areas: medical research, education of pregnant women, community programs, government advocacy and reducing premature births. For every \$500 we raise, we'll help 5 families with a tiny infant in a Neonatal Intensive Care Nursery struggling to live. I hope you will join our fight for healthy moms and to end infant mortality by supporting the March of Dimes in our January drive. As women, and as mothers and grandmothers, it's a fight we can all relate to.

### **Photo Gallery**

# December 2, 2022 Meeting



(Left) Bev York, Winner of the Donation Diva - \$50 Visa Gift Card presented by Sydne Gilbert



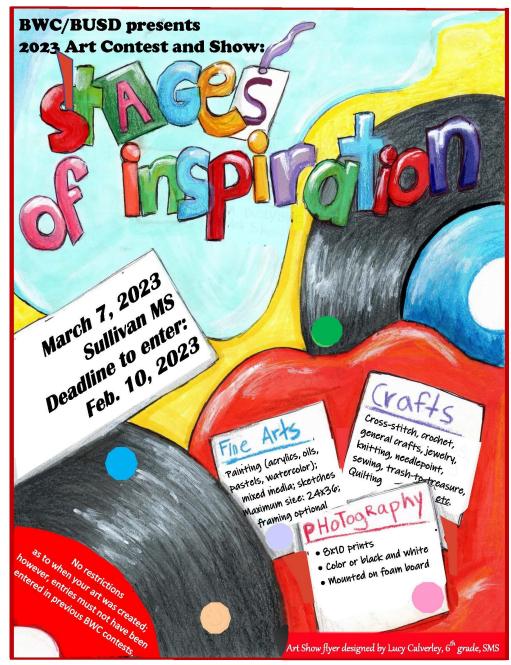
At the December meeting, Donna Shanahan hosted a variety of delicious goodies for the members



Sally Sebeckis is holding one of the beautiful Poinsettias she brought to decorate each table at the December meeting



Christmas Spirit time by wearing a Holiday decorated Sweater at the meeting



"Stages of Inspiration" Art Contest & Show 2023 needs YOU!

Planning for "Stages of Inspiration: BWC/Bonsall Unified School District Art Contest and Show 2023" will pick up the pace in January as we prepare for the March 7, 2023 event at Sullivan Middle School. BWC members are encouraged to start creating their entries sooner than later. Members can submit an entry in each of the three different categories: crafts, fine arts and photography. See Art Show flyer (above) for more details.

In addition to entering art, members are needed to help with the Art Show itself. Greatest areas of need:

- before March 7: preparation of display labels, ballots for voting, and prizes for winners; contributing to and making raffle baskets; helping some members with transportation; setting up art entries on March 6;
- during the show: counting ballots, selling raffle tickets, greeting/directing attendees, and helping at the membership table;
- after the show: taking down and packing up supplies and Art Show entries.

If you signed up at the November meeting to help, you don't need to re-submit your names. We will ask for additional volunteers at the January meeting. You can also email Art Show chairs Patty Merriam <a href="mailto:pattymerriam@gmail.com">pattymerriam@gmail.com</a> or Marleen DuBona <a href="mailto:mmdubona@gmail.com">mmdubona@gmail.com</a> if you can volunteer in any areas of need noted above.



#### **CHARITABLE DONATIONS - Sydne Gilbert**

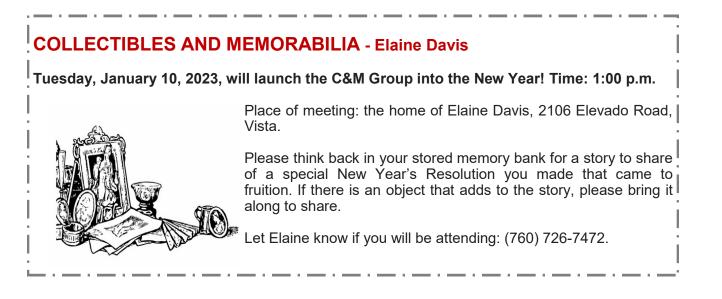
It's time to determine where the money we've raised over the last year will go! Here's how it works: The Corresponding Secretary (me) is chair of the Charitable Donations Committee. We will have three to five members volunteer to serve. The proposed committee is approved by the membership at the January general meeting. Once we have our committee, we will get to work!

I will compile a list of current requests and last year's payouts. We will then review monies available and carefully consider which local 501(c)(3) organizations will receive our donation. All members are welcome to suggest a worthy local organization. The organiza-

tion must be local to the Bonsall/Fallbrook area and be a 501(c)(3) organization. The process is for you to complete the request form and email it to me or bring it to the February meeting. We will then review requests and determine payouts. We will present a final listing for members' approval at the March meeting.

If you are interested in serving on this special committee, please email or call me as soon as possible. We will then have the membership approve the committee at the January meeting and start working!

If you have any questions or would like to discuss any elements of this process, please do not hesitate to email or call me! Remember to submit your requests as soon as possible! *The Charitable Donation Request Application form is included in this newsletter (next page) and is also available on our website.* I can also send you a copy – just let me know! Thank you!





#### **CRITTER CAUSES** - Sydne Gilbert

Thank you to Mary Jo Pfaff and Geri Sides who donated towels and supplies for the animal shelters. Please remember Critters during this holiday season!

Remember to bring clean towels, food, and any other supplies to the meetings for the rescue shelters! (Think of your own pet!)

If you know of a shelter that has an emergent need, please let me know!



#### **BWC CHARITABLE DONATION REQUEST 2023**

The money has been raised! It is now the time for BWC members to consider which local 501(c)(3) non-profits will receive a donation. The BWC Charitable Donation Request Application form is here for you to complete. It's a fillable form (on our website) or you can print it and complete it. The deadline for turning in the request forms will be at the February BWC General Meeting. Questions should be directed to Sydne Gilbert, Corresponding Secretary, at 760-519-0492 or via email: sydne.gilbert@gmail.com. If you are without computer capabilities or unable to attend the February meeting, please contact Sydne for assistance.

Date:	
Member's Name:	
Name of Organization:	
Organization Address:	
Organization Email:	
Organization Phone:	
Organization Contact Name:	
Organization's 501(c)(3) Tax	
I.D. Number:	
What percentage of the	
Organization's budget goes to	
administrative costs?	
Suggested Donation Amount:	\$

#### BONSALL WOMAN'S CLUB CHARITABLE DONATION REQUEST APPLICATION

Briefly Explain How the Funds will be Used:

12/2022



**MAURA BUTTON · 4th Vice President-Ways and Means** 

#### "YE OLE CHRISTMAS VILLAGE"

Thank YOU for a Successful Fundraiser!

It takes a village to make it happen, and WE DID IT! Our Christmas event on December 7 was extremely successful, and we want to thank the wonderful planning committee, our Community Sponsors, the members of BWC Angel Benefactors, the Craft section, the Tree & Basket Opportunity Sponsors and Designers, the Table Setters, the Silent Auction Donators, Shuttle Drivers, and all the attendees at this holiday event.

It was a lovely day and our fundraising efforts, along with the generosity of all, will enable us to contribute to those in need and the betterment of our community.

#### THANK YOU, EVERYONE!

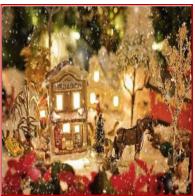
Judy Bresnahan & Laurie Criscenti, Event Chairs 2022



President Mary Jo Pfaff (standing, center) welcomes BWC members, family and honored guests to her table.



Guests are eager to deposit their tickets for the opportunity baskets





(l-r) Judy Bresnahan, President Mary Jo, Laurie Criscenti



Beautifully decorated trees for the opportunity drawings

#### Crafting: Where the FUN in FUNdraising Pays Off!



Our BWC Christmas crafting elves outdid themselves for the annual Christmas fundraiser. Our gross receipts totaled almost \$800 at this event. If you include the fabric pumpkins and painted gourds from our October fundraising. BWC crafts have raised about \$1,200 at the last two fundraisers to help achieve the club's charitable goals. Not too shabby!

With the Art Contest and Show fast approaching on March 7, 2023, our next few crafting meetings will focus more on art than crafts. If you're interested in dedicating a few uninterrupted hours over the next couple months to creating entries for the Art Show, then get your supplies ready for action! The date and time of the next meeting will be posted on our website calendar. If you would like to be included in direct email announcements about meeting dates/times, please let Patty (1-r) Patty Merriam and Linda Eastom set up Merriam know that your name should be added to the

the Crafts table at the Christmas fundraiser. notification list: pattymerriam@gmail.com.

Even if you don't plan to enter the Art Show, please consider attending our meetings as a fun, stress-reducing activity. We craft, paint, sew and glue, but mostly we laugh, enjoy each other's company, and postpone all of the boring or stressful things we have to do when we go home after our meeting. A win-win situation for participants and the club when all of our FUN results in FUNdraising or just plain ol' good fellowship!

	Cold Syn	nptoms
Flu	Symptoms	LOLA
Common	Aches	Mild
Fairly Common	Chills	Uncommon
Common	Cough	Mild to Moderate
Common	Exhaustion	Uncommon
Common	Fatigue	Sometimes
Common	Fever	Mild
Fairly Common	Headache	Mild
Sometimes	Sneezing	Common
Sometimes	Sore Throat	Fairly Common
Sometimes	Stuffy Nose	Fairly Common
		www.firstquotehealth.com

#### HEALTH **REPORT** -Maura Button, Chair

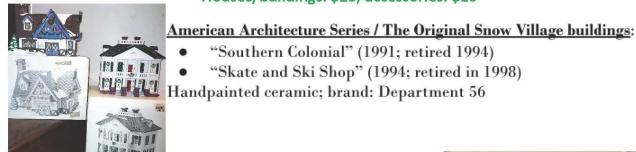
Based on Australia's winter flu season. four variants of flu are now contained in the most current flu vaccine. This is one of the worst flu seasons seen on record in recent years. If you haven't already, please consider getting the vaccination ASAP.

Balloons, Streamers and Applause for.... If you are celebrating good news (achievements, anniversaries, success stories, etc.), please share with your fellow members in the next newsletter! Email your good news to bwcmessages@gmail.com by the second Thursday of each month.

Missing that special vintage piece that would make your **Christmas Village** complete? Need to increase your Christmas Spirit by expanding your Village? Do you have a relative or friend who is just starting their **Christmas Village** tradition?

#### **GOOD NEWS!**

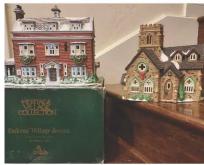
BWC has the BEST prices on a few remaining Christmas Village buildings and accessories! (All pieces were donated to BWC last year. <u>This is a great fundraiser for our club</u>!) Houses/buildings: \$25; accessories: \$10



#### Heritage Village Collection / Dickens' Village Series:

- "Gad's Hill Place" (6th edition; limited to 1997)
- "Knottinghill Church" (1989; retired 1995)

(Not shown: "Crown & Cricket Inn," 1<sup>st</sup> edition: limited to 1992; One Horse Open Sleigh; Lionhead Bridge) Porcelain; Brand: Department 56





#### Heritage Village Collection/Christmas in the City buildings:

- "Pickford Place" (1995; retired 1998)
- "Café Caprice French Restaurant" (1996; retired 2001)

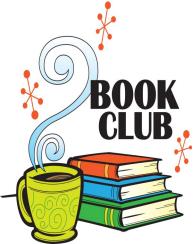
Handpainted porcelain; brand: Department 56

#### Four Lemax/Carole Towne buildings:

- 2007 "Downing House"
- 2008 –" Hamilton House"
- 2009 "Davidson Manor"
- 2009 "Normandy Inn"



Contact Patty Merriam, pattymerriam@gmail.com, if you wish to purchase these items.



The BWC Book Club begins its return to **in-person meetings (Yay!)** at **10:00 a.m. January 16, 2023 at the home of Diane Trappen.** The selection she has chosen for our discussion is:

**"Today We Go Home"** by Kelli Estes--a wonderful amalgam of diary notes from a young female Civil War participant found by a female PTSD-Wounded Warrior recovering in her home town from devastating experiences in Afghanistan. . . A sobering yet often humorous recounting of naive yet brave teenage girls and young women feeling in their hearts the "call of duty" to serve alongside the boys and young men of their generation's war.

Book club meets the third Monday of every month, except December. The host for the month chooses the book to be discussed.

We welcome members who enjoy reading and discussing a variety of genres. Chair Cheryl Zales can be reached at (760) 525-5078 or <u>zalesrc@sbcglobal.net</u> if you'd like to be included in our announcement list or have questions. We'd LOVE for more ladies to join our spirited discussions!

DATE	TITLE	AUTHOR	HOST
Jan 16	Today We Go Home	Kelli Estes	Diane Trappen
Feb 20	The Elephant Tooth of '95	Rana Baydoun	Barbara Hartloff
Mar 20	The Thousand Days	T. Jefferson Parker	Arlene Rutherford

### "Christmas Fundraiser Photos" December 7, 2022



BWC members Elaine Davis, Gayle Marrett, BJ Nierman and Marleen DuBona enjoying time with their guests.



(from left) June Bernesser, Kay Ewin, Sydne Gilbert and Geri Sides sold lots of raffle tickets!

## "Christmas Fundraiser Photos"



Marlene Rantanen (standing, second from right) created the invitations and programs for the fundraiser, and decorated Table 9 for her guests.



Committee member Maura Button coordinated all of the table setters before decorating her own!



(l-r) Juliann Guirleo, Torrie Forbess and Mary Forbess, BWC charter member, enjoy the luncheon.



Bev York and Jacky Nutter embraced "Ye Old Christmas Village" spirit at Table 14.

## "Christmas Fundraiser Photos"



June Stone, usually behind the scenes with her camera, displays her centerpiece.



Laurie Criscenti introduces the Sullivan Middle School choir.





Laurie Criscenti (back row, second from left), fellow BWC members and their guests gather at Table 6.



Marleen DuBona decorated wreaths for the raffle and then set Table 17.

Treasurer Helen Poddoubnyi, seated on the right, enjoys the company of her guests after coordinating luncheon reservations with Mary Jane Poulter.

#### BONSALL WOMAN'S CLUB MINUTES OF THE DECEMBER 2, 2022 GENERAL MEETING AT THE BONSALL COMMUNITY CENTER

**President Mary Jo Pfaff** called the meeting to order at 10:00AM and welcomed everyone. **Barbara Chahbazian** led members in the Pledge of Allegiance and singing a patriotic song. **Jacky Nutter** led members in reciting the *Collect*.

**Elaine Davis's** inspirational message was "Remember this December that love weighs more than gold" by Josephine Daskam Bacon. She then read "My Night Before Christmas" by beloved past member Elizabeth Johnson.

**Hospitality, Sally Sebeckis,** verified that a quorum of members were present (38 at the beginning, later 41). Sally also mentioned the poinsettias on the tables were for sale for \$15. Thanks to Donna Shanahan who bought the snacks today.

**Secretary Marlene Rantanen** reported there were no corrections to the November minutes. The minutes will be filed as distributed.

**President Mary Jo** reported on Care Advocate at the Foundation for Senior Care, which is her President's Project. She said today's donations will go to food gift certificates for needy seniors. The storage shed needs to be cleaned out but will be done in the spring when the weather is warmer. She asked if there would be volunteers to help with this project and several members raised their hands. Today there are Christmas village houses available that were donated to BWC last year. REPORTS:

**1**<sup>#</sup> Vice President Dean of Chair Mary Jane Poulter reminded members:

Hour Sheets due today. Please turn in today or email her. Estimate December hours and be sure to claim all the hours you have spent. It is important for our reporting to District.

Chairmen reports are also due.

**2**<sup>nd</sup> **Vice President Membership Bev York and Cindy Gibson Floyd** said the guest introduced today, Gayle Marrett, is joining BWC. Bev reported District is raising funds for March of Dimes. She will manage collection of donations at the January BWC meeting and those donations will be taken to District.

3rd Vice President Emily Manley and Frances Pyle – no report

**4**<sup>th</sup> **Vice President Ways & Means Maura Button** said the Christmas fundraiser, December 7, is next week. Set up for the table setters is from 4:15 pm to 6:30 pm the day before, or early on the day of the event. Craft sales and Silent Auction at the event can be charged but raffle tickets must be cash or check only. Remember the parking at the event is a problem, so carpool if possible. There will be two shuttle drivers to bring guests down. Doors open at 11 am. Maura asked if there was someone who would be interested in chairing or co-chairing a spring fundraiser for members and spouses/guests at Monserate Winery

**Treasurer Helen Poddoubnyi** Treasurer reported the balance in all accounts on November 30, 2022 was \$38,158.82. Remember, when writing a check to BWC, to put what it is for in the memo.

**Corresponding Secretary Sydne Gilbert** received Thanksgiving cards and thank you notes from organizations we support. We also received newsletters, requests and announcements. The Art of the Holiday Show is on at the Fallbrook Art Center through December 24 and there was an invitation to the Bonsall Chamber of Commerce party. Contact Sydne for more information.

**Sunshine - Sydne reported for Geri Sides**. She reported that Geri is recuperating and intends to be at the Christmas event.

**Critter Causes** – Sydne thanked for the donations by members. Donations can be brought to the meetings and will be taken to the Animal Sanctuary.

#### CHAIR REPORTS:

**Crafts Chair-Patty Merriam** recognized the many members who have helped by having them stand. She showed several craft items that will be for sale at the Christmas luncheon.

**Book Club - Cheryl Zales** reported the group will meet in person on January 16. They are reading "Today We Go Home" by Kelli Estes for that meeting. Let Cheryl know if you want to be added to the list for Book Club announcements.

**Collectibles and Memorabilia** - **Elaine Davis** said the group's annual luncheon will be December 15 at 11:30 am at June Stone's villa. Let Elaine know if you want to attend and what you will bring to share for lunch.

**Safety - Debbie Harris** reported on technology safety, especially for the holiday time. Some of the reminders are: safer to use credit card not debit when shopping, shop only on secure websites with https in the address, update your software often, don't open emails you don't recognize, use a phrase for passwords, don't use public hotspots, and be sure to sign out when searching or shopping on websites.

**Health Chair-Maura Button** mentioned Covid is on the rise again so avoid crowded situations when possible and wear a mask when appropriate. Consuming nuts on a regular basis reduces your risk for heart disease and can help control type 2 diabetes. She also said regular exercise and stretching can strengthen knees and help to lessen arthritis.

**Website Chair-Marleen DuBona** held the drawing for "Find the Bear" on the BWC web page. The contest winner was Elaine Davis.

#### BREAK

**<u>PROGRAM</u>**: The Westminster Carolers, with Willie Buchanon, sang many Christmas songs for the program. The members really enjoyed them and the group participation song was lots of fun.

**DONATION DIVA:** \$50.00 was won by Bev York.

<u>Special drawing</u>: The drawing for those who wore holiday attire was won by June Bernesser, who was presented with a Christmas teacup and box of peppermint tea.

Meeting Adjourned: 12:00

Marlene Rantanen Recording Secretary

*<u>Note</u>*: *The Minutes are printed as submitted. Corrections should be sent to the Recording Secretary.* 

Thank you for reading ROADRUNNER BONSALL WOMAN'S CLUB NEWSLETTER P.O. BOX 545 BONSALL, CA 92003 https://www.bonsallwomansclub.org/ E-Mail: bonsallwomansclub@gmail.com

